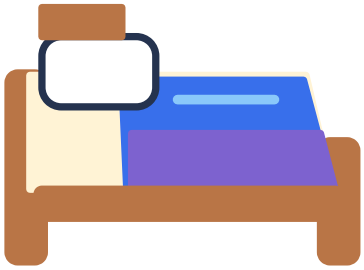
Visual timetable builder

Choose the cards that fit your day. An adult can cut them out and place them on the Now and Next board.



rest



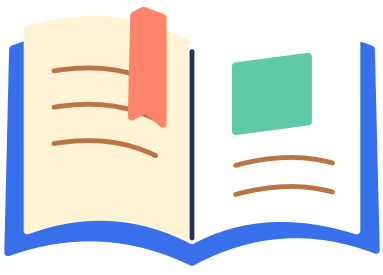
brush teeth



drink



get dressed



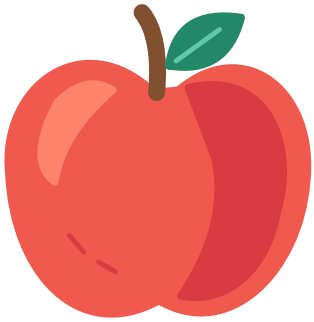
story time



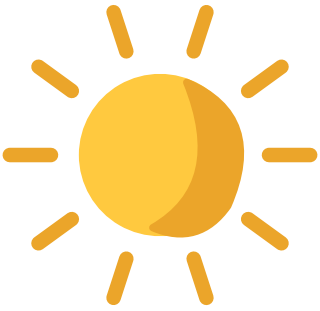
get ready to go

Visual timetable builder

Choose the cards that fit your day. An adult can cut them out and place them on the Now and Next board.



snack



outside time

My Now and Next board

Choose a first step and what comes after. Change the cards whenever your plans change.

Now

Place a picture card here.

Next

Place a picture card here.

Visual timetable builder — answers

For the grown-up. Accept familiar alternative names where appropriate.

Grown-up note: There is no universal correct order. Bed may mean rest; toothbrush means brush teeth; cup can mean drink or snack; book can mean story; backpack can mean getting ready to leave. Choose and explain the sequence that fits your day.